

| TIME         | SESSION  |
|--------------|--|
| 12:00PM      | Registration                                       |
| 1:45–2:15PM  | Welcome Remarks                                    |
| 2:15–2:45PM  | General Session I – Maeve Webster                  |
| 2:45–3:15PM  | General Session II – Christopher Gardner           |
| 3:15–3:45PM  | General Session III – Julian McClements            |
| 3:45–4:15PM  | General Session IV – Melissa Baker                 |
| 4:15–4:30PM  | Refreshment Break                                  |
| 4:30–4:55PM  | Chef Demo I – Hoss Zare                            |
| 4:55–5:10PM  | Industry Presentations                             |
| 5:10–5:55PM  | General Session V – Beth Frates                    |
| 6:00–8:00PM  | Greek Themed Reception and Tournament of Champions |
| 8:00–9:30PM  | Women in Dining Reception                          |
| 8:00–10:00PM | Private Event: Commonwealth Restaurant             |
| 8:00PM       | Networking at the UPub                             |

| TIME            | SESSION   |
|-----------------|---|
| 7:30–8:30AM     | <b>Breakfast &amp; Registration</b>   |
| 8:30–8:45AM     | <b>Welcome Remarks</b>  |
| 8:45–9:30AM     | <b>General Session VI — Victoria Roos-Olsson</b>  |
| 9:30–10:15AM    | <b>General Session VII — Marion Nestle</b>  |
| 10:15–10:30AM   | <b>Industry Presentations</b>   |
| 10:30–10:45AM   | <b>Refreshment Break</b>  |
| 10:45–11:45AM   | <b>Dietary Guidelines Panel Discussion</b>  |
| 11:45AM–12:00PM | <b>Refreshment Break</b>  |
| 12:00–12:30PM   | <b>Chef Demo II — Rebecca Peizer</b>  |
| 12:30–1:00PM    | <b>General Session VIII — Walter Willett</b>  |
| 1:00–1:30PM     | <b>General Session IX — Conversation with Rob Franek, Javier Reyes and Andrew Mangels</b>   |
| 1:30–2:30PM     | <b>Lunch</b>  |
| 1:30–2:15PM     | <b>Tour of the UMass Food Bank with Mariana Chilton</b><br>For healthcare providers   |
| 3:00–6:00PM     | <b>12 Hands On Concurrent Workshops</b><br>Rebecca Peizer · Ricky Moore · Hoss Zare · Steve Petusevsky · Lumi Cirstea · Chai Siriyarn · Hiroo Nagahara · Matt Jennings · Iliana de la Vega & Ana Torrealba · Joanne Weir · Nausica Ronca · Pamela Adams |
| 3:00–6:00PM     | <b>7 Habits of Highly Effective People Workshop — Victoria Roos-Olsson</b>  |
| 3:00–4:00PM     | <b>Concurrent Nutrition Session I — Ruchi Gupta</b>   |
| 4:00–5:00PM     | <b>Concurrent Nutrition Session II</b>  |
| 5:00–6:00PM     | <b>Concurrent Nutrition Session III — Panel Discussion, Ashley Carter and Jasmine Westbrooks-Figaro</b>   |
| 7:00–9:00PM     | <b>Clambake and Tournament of Champions</b>   |
| 9:00PM          | <b>Networking at the UPub</b>   |

| TIME            | SESSION  |
|-----------------|--|
| 7:00–7:45AM     | <b>Yoga</b>  |
| 7:30–8:30AM     | <b>Breakfast &amp; Registration</b>  |
| 8:30–9:00AM     | <b>General Session X — Mike Kostyo</b>   |
| 9:00–9:30AM     | <b>General Session XI — Anat Baron</b>   |
| 9:30–9:45AM     | <b>Industry Presentations</b>  |
| 9:45–10:00AM    | <b>Refreshment Break</b>   |
| 10:00–10:45AM   | <b>Ultra-Processed Foods Panel Discussion</b>  |
| 10:45–11:00AM   | <b>Industry Presentations</b>  |
| 11:00–11:30AM   | <b>General Session XII — Alice Waters</b>  |
| 11:30–11:45AM   | <b>Refreshment Break</b>   |
| 11:45AM–12:00PM | <b>Chef Demos III — Chai Siriyarn</b>  |
| 12:00–1:00PM    | <b>C-Suite Panel Discussion</b>  |
| 12:00–1:00PM    | <b>Concurrent Session — Handling Nutrition Misinformation on Social Media</b>  |
| 1:00–3:00PM     | <b>Industry Showcase</b>   |
| 3:00–6:00PM     | <b>13 Hands On Concurrent Workshops</b><br>Pamela Adams · Rebecca Peizer · Ricky Moore · Hoss Zare · Steve Petusevsky · Breana Killeen · Lumi Cirstea · Chai Siriyarn · Hiroo Nagahara · Matt Jennings · Iliana de la Vega & Ana Torrealba · John Masi · Nausica Ronca |
| 3:00–4:00PM     | <b>Concurrent Nutrition Session IV — Lauren Sharifi</b>  |
| 4:00–5:00PM     | <b>Concurrent Nutrition Session V — Hannah Holscher</b>  |
| 5:00–6:00PM     | <b>Concurrent Nutrition Session VI — Chavanne Hanson</b>   |
| 7:00–9:00PM     | <b>Evening Dinner</b>  |
| 9:00PM          | <b>Networking at the UPub</b>  |

| TIME           | SESSION  |
|----------------|--|
| 7:30–8:30AM    | <b>Breakfast &amp; Registration</b>  |
| 9:00–10:00AM   | <b>Student Panel Discussion</b>  |
| 9:00–10:00AM   | <b>Teaching Kitchens and Food is Medicine</b><br>Leah Pryor, Max Goldstein, Jonathan Pouyrow, Nate Wood · Beth Eagleson, moderator |
| 10:00–10:30AM  | <b>General Session XV — Jason Evans</b>  |
| 10:30AM–3:30PM | <b>Hands On Workshops for Chefs, Dietitians, and Healthcare</b><br>Conducted by Johnson and Wales University Faculty Members       |
| 11:00AM–4:00PM | <b>Leadership Symposium</b><br>Ed Staros · Procurement Panel- Technology Panel- Shirley Everett                                    |
| 6:30–8:30PM    | <b>Grand Banquet</b>   |
| 8:30PM         | <b>Networking at the UPub</b>  |

| TIME            | SESSION   |
|-----------------|---|
| 8:00–9:00AM     | <b>Breakfast &amp; Registration</b>   |
| 8:30–9:00AM     | <b>General Session XVI</b>  |
| 9:00–10:00AM    | <b>Directors Panel Discussion</b>   |
| 9:00–11:30AM    | <b>Leadership and Innovation for Dietitians in Campus Dining</b><br>Chrissy Carroll, Laura Lapp |
| 10:30AM–2:30PM  | <b>Hands On Workshops</b><br>Conducted by Johnson and Wales University Faculty Members          |
| 11:45AM–12:15PM | <b>Nutrition Session — Eliza Haffey &amp; Shelby Miller</b>                                     |
| 12:00–4:00PM    | <b>Golf Tournament</b><br>By invitation only · Contact: Christopher Howland, [email protected]  |
| 12:15–12:45PM   | <b>Nutrition Session — Michelle Nardi and Clara Matton</b>                                      |
| 1:00–2:00PM     | <b>Lunch for Dietitians</b>   |
| 2:00–4:00PM     | <b>Campus Nutrition Collective</b>  |
| 3:00–5:00PM     | <b>ACF Sanctioned Team Competition Briefing</b>   |
| 6:00PM          | <b>Dinner on Your Own or at UMass</b>   |
| 8:00PM          | <b>Networking at the UPub</b>   |

# Conference Schedule

Day 6 Closing Day

| TIME   | SESSION                         |
|--------|---------------------------------|
| 7:00AM | ACF Sanctioned Team Competition |
| 3:00PM | Awards and Medals Presentation  |